



doers



ANNUAL REPORT 2021-22



CONTENT

Organization's Overview	1
Our Goal & Work	2
Main Activities	4
• Training Workshops Conducted	4
• Training Sessions Facilitated	5
• Participated and Organized Thematic Events	22
Recognition and Achievements	28
Projects Implemented	30
Internal Capacity Building	34
Collaborations and partnerships	37
Recent Interns/Fellows/Volunteers	39
IEC Material developed by team Doers	40
Press Releases	49

Organization's Overview

Doers is a humanitarian organization working towards resilience and sustainability in the Himalayan region of India. Our core areas of intervention include disaster risk management, humanitarian response and climate change adaptation.

The Registered Office of Doers is located in Shimla - the capital city of Himachal Pradesh and an Indian state which is at a very high risk of disasters due to its adverse topographic, climatic & geological conditions. Our team has been working in all districts of the state, mainly carrying out capacity building and training related activities in the field of disaster risk management, humanitarian response and climate change adaptation.

Doers came into existence in 2015 when a group of like-minded students, social workers and development professionals came together to discuss the growing risk of disasters in the Himalayan region of India. After the devastating Nepal Earthquake in April 2015, this group had a full-day meeting on 2nd of June, 2015 and unanimously decided to form a non-governmental organization in the state of Himachal Pradesh. Within a few months of focused discussions, strategic planning and preparatory actions, Doers was finally registered under the Himachal Pradesh Societies Registration Act, 2006 on 8th of July, 2015.

Since then, Doers continued to learn more and do better in the area of disaster risk management while gradually integrating the issues pertaining to climate change adaptation, public health and humanitarian response. We believe in 'systems thinking' approach which is vital to risk-informed development and is at the core of our work.

Today, with our commitment to learn more and serve better, Doers is recognized as a trustworthy and dedicated NGO working in the spheres of resilience and sustainability.

Our Goal

Doers has a long-term goal which is embedded into our objectives and vision and mission statements.

Vision

Resilient and climate-smart communities in the Himalayan region of India.

Mission

To develop community resilience against disasters and climate-related risks by carrying out localized, participatory, inter-disciplinary and sustainable interventions.

Objectives

- To create awareness and undertake activities and projects aimed at addressing the issues pertaining to sustainable development, such as- climate change, disaster management, rural development, social justice, corruption, women and youth empowerment and other inter-related subjects.
- To bridge the rural-urban divide in the domains like- education, health, livelihoods and other spheres of sustainable development through developing capacities and leadership skills of the communities, especially youth, for their holistic development.
- To carry out relevant awareness building programmes like- workshops, conferences, exhibitions, seminars, fairs, symposiums and to publish and disseminate useful IEC (Information, Education & Communication) material like books, journals, newsletters, pamphlets, posters, etc. in print or electronic mode, for the advancement of ideas related to sustainable development.
- To undertake participatory research activities, render consultancy or relevant services to the Governmental and Non-Governmental Organizations over the crosscutting issues related to sustainable development.
- To receive donations/grants and acquire/purchase any moveable or immovable property with the financial assistance from Governmental or Non-Governmental Organizations or individuals in the name of society for furtherance of its objectives.

Our Work

Core Themes

Our programmatic interventions are guided by the synchronization of ideas and actions related to these three themes.



Key Initiatives



STEP

Sensitizing and training the local communities and institutions to prepare for and respond to emergency situations and disasters.



DEEPRED

'Data Ecosystem for Effective Planning and Response during Emergencies & Disasters (DEEPRED)' aims at building the institutional capacities on smart data collection, analysis and visualization.



Micro Mapping

Micro mapping is a program aiming on the capacity development of different stakeholders on ICTs Tools for DRR and CCA.



DreamGreen

Educating the youth about climate change and other contemporary environmental issues through participatory learning processes.



DoITBetter

Empowering the development professionals with Information Technology to enhance the impact and efficiency of their work.



YOUTH ALOUD

Guiding young people to inspire positive changes in the world through creative, dynamic and purpose-driven multimedia development

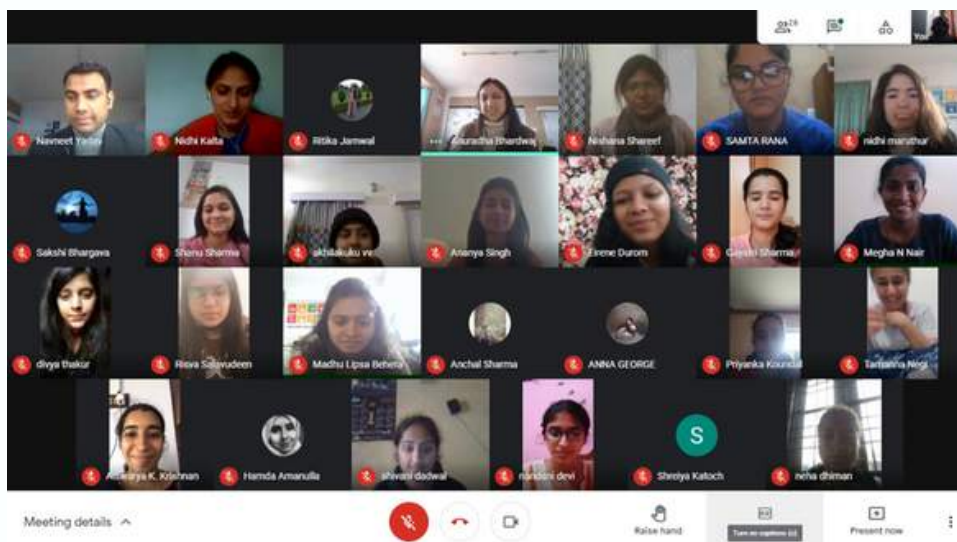
Main Activities

Training Workshops Conducted

As the risk of disasters is increasing all across the globe, Doers is endeavouring to sensitize and train the local communities to prepare for emergency situations through conducting awareness workshops, including the ones conducted as a part of our program of 'DoITBetter' program by empowering the development professionals with Information Technology to enhance the impact and efficiency of their work.

DoITBetter Boot Camp (ICT4Girls)

The DoITBetter Bootcamp 2021 was organized as a web-based event from April 22nd to 24th, 2021, in commemoration of the #GirlsInICT Day, in solidarity with the International Telecommunication Union (ITU). The bootcamp provided an opportunity for girls to acquire knowledge and skills in various tools and techniques related to the application of Information and Communication Technology (ICT) for advancing their causes with greater efficiency and effectiveness.



Training Sessions Facilitated

Team Doers also facilitated sessions in training courses organized by national and state-level Government agencies, training institutions, academic institutions, disaster management authorities, and non-governmental organizations.

Psychosocial Care for School Safety in COVID-19 Times

During the period of May 31 to June 2, 2021, our team members, Ms. Anuradha and Ms. Nidhi Kalta, served as facilitators in a three-day web-based training program titled "Training on School Safety in Covid-19 Times." The training was organized by the Himachal Pradesh State Disaster Management Authority, Government of Himachal Pradesh, in collaboration with the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, New Delhi. The program aimed to enhance participants' knowledge and skills in ensuring the safety of schools amidst the challenges posed by the Covid-19 pandemic.

3 days Online Training Programme on
School Safety in COVID-19 Times
 31 May - 02 June 2021
 03.00 - 04.30 PM
 Registration link: training.nidm.gov.in

PATRONS

- Maj Gen M K Bisdal, Executive Director, National Institute of Disaster Management
- Sh. Suresh Kumar Mokhta, Director cum Special Secretary (Revenue-DM), Govt of Himachal Pradesh

CONVENOR

- Dr. Anur Ali Khan, Faculty, National Institute of Disaster Management

SPEAKERS

- Dr. Hariharan Singh, City Project Coordinator-IC Shikha
- Mr. Muddassar, DRI Specialist, Gadhavania Society
- Ms. Mamta Paul, Dept. of Women & Child Development, Shikha (Urban)
- Ms. Anuradha, Program Manager, DOERS NGO
- Ms. Nidhi Kalta, Programme Coordinator, DOERS NGO
- Dr. Copal Chauhan, State Program Officer (NCD), NIM, Govt of India

COORDINATORS

- Dr. Geetika Ghoshra, Capacity Building & Documentation Coordinator DM Cell, HPDDMA
- Ms. Nagma Gargyal, Young Professional, National Institute of Disaster Management

Jointly Organized by
 National Institute of Disaster Management
 Ministry of Home Affairs, Govt. of India
 and
 Himachal Pradesh State Disaster Management Authority,
 Govt. of Himachal Pradesh

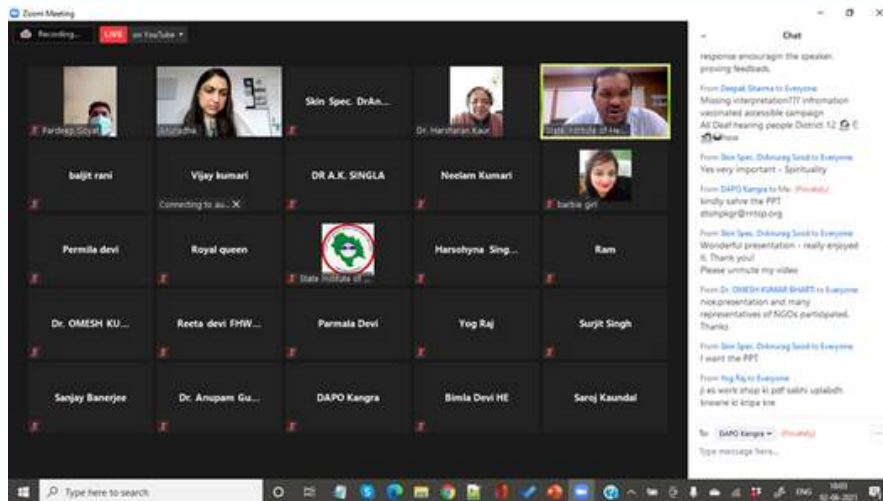
Joining details:
 Platform: CISCO WEBEX
 Event number: 156 416 5828
 Event password: school
 Link: <https://bit.ly/3vvgJyD>

Website: www.nidm.gov.in

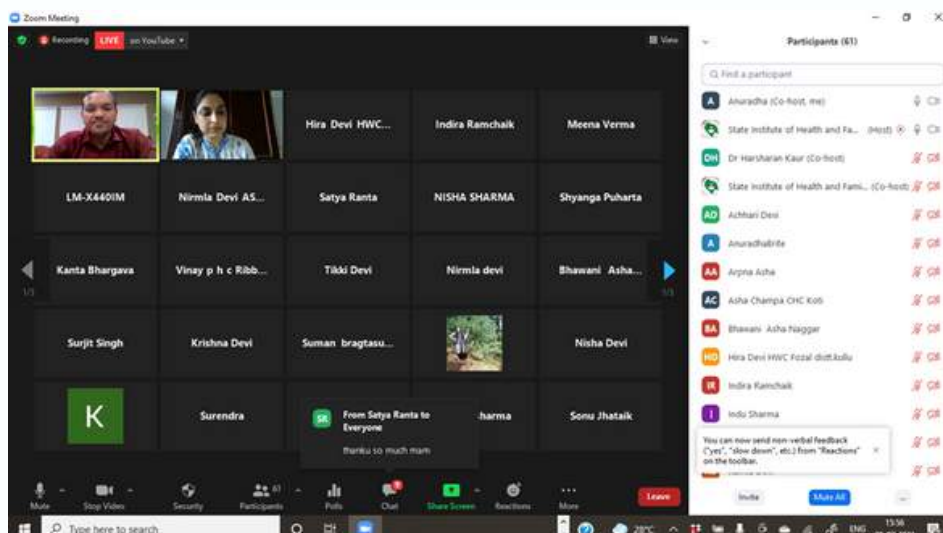
Stay Protected from Corona
 Wear your Mask Properly
 Wash your Hands Regularly
 Maintain Social Distancing

Psychosocial Care Techniques and Self-Care during COVID-19 Pandemic

- Ms. Anuradha, the Program Manager of Doers, assumed the role of facilitator in a one-hour webinar titled "Psychosocial Care Techniques and Self-Care during the COVID-19 Pandemic." The webinar, organized by the State Health & Family Welfare Training Centre in Parimahal, Shimla, Himachal Pradesh, took place on June 2, 2021. The purpose of the webinar was to provide health professionals with valuable insights and strategies pertaining to psychosocial care techniques and self-care during the ongoing COVID-19 pandemic.



- Ms. Anuradha, the Program Manager of Doers, took charge as the facilitator for a one-hour webinar titled "Psychosocial Care Techniques and Self-Care during the COVID-19 Pandemic." The webinar, organized by the State Health & Family Welfare Training Centre in Parimahal, Shimla, Himachal Pradesh, was exclusively designed for health professionals. It took place on July 20, 2021, with the aim of equipping participants with essential knowledge and practical strategies for providing effective psychosocial care and ensuring their own well-being during the ongoing COVID-19 pandemic.



Youth in Disaster Risk Reduction

Mr. Navneet Yadav, the Associate Director of Doers, served as a facilitator for a web-based session during a three-day online Capacity Building Programme titled "Youth in Disaster Risk Reduction." The programme was jointly organized by the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, RAWs India, Youth for Resilience, and the Red Cross Society, Karnataka. The session took place from July 1 to July 3, 2021, with the objective of enhancing the capacity of youth in effectively contributing to disaster risk reduction efforts.

3 days Online Capacity Building Programme for Youth in Disaster Risk Reduction
 Date: 1 July – 3 July 2021 | Time: 11:00 AM – 01:00 PM
 Registration link: <https://training.nidm.gov.in>

PATRONS

- Mr. Gita Mohan Kumar Bhandal, Executive Director, National Institute of Disaster Management
- Mr. Amit Kumar Chaudhri, Executive Director, RAWs India

CONVENOR

- Mr. Dinkar Chaturvedi, Assistant Professor, National Institute of Disaster Management

SPEAKERS

- Dr. Suchma Guleria, Assistant Professor, National Institute of Disaster Management
- Dr. Kumar V.L.S., National & Youth, National Institute of Disaster Management, Former Indian Red Cross Society
- Mr. Harneet Yadav, Associate Director, Doers
- Mr. Aradhana Mukherjee, Young Professional, National Institute of Disaster Management
- Mr. Dilip C.S., Youth Red Cross Coordinator, Indian Red Cross Society, Karnataka
- Mr. Ganesh Changanur, PhD Candidate, Asian Institute of Technology

COORDINATORS

- Mr. Ansh Verma, Young Professional, National Institute of Disaster Management
- Mr. Nishit Bansal, CRM Professional, Youth for Resilience

Jointly organized by:

- National Institute of Disaster Management, Ministry of Home Affairs, Government of India
- United Nations Major group for Youth and Children
- RAWs India
- Youth for Resilience
- Indian Red Cross Society, Karnataka

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Tourism in HP during Covid-19 Times: Issues, Challenges and Way Forward

Mr. Navneet Yadav, the Associate Director of Doers, led a two-hour web-based session titled "Tourism in Himachal Pradesh during Covid-19 Times: Issues, Challenges, and the Way Forward." The session took place on July 13, 2021, and was organized by the Himachal Pradesh State Disaster Management Authority, in collaboration with the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, New Delhi. The objective of the session was to address the specific challenges and issues related to tourism in Himachal Pradesh amidst the Covid-19 pandemic, while also discussing strategies and approaches for the future development and management of the tourism sector.

Webinar on Tourism in HP during COVID-19 Times: Issues, Challenges and Way Forward
 13th July 2021 | 11:30 AM – 01:00 PM
 PM 10 point Agenda No. 3 and 8

PATRONS

- Maj Gen M.K. Bhandal, Executive Director, NIDM
- Mr. Sudeep Kumar Mohita, Director cum Special Secretary, Revenue and DM, Govt of HP, Shimla

CONVENOR

- Dr. Anil Ali Khan, Faculty, NIDM

KEY SPEAKERS

- Dr. Nilesh Vyas, Assistant Professor, HP University
- Dr. Sachina Rana, State Epidemiologist, NIDM, HP
- Mr. Navneet Yadav, Associate Director, NGO-Doers

COORDINATORS

- Dr. Garima Sharma, Capacity Building & Dissemination Specialist, NIDM
- Ms. Yogita Gargal, Young Professional, NIDM

Jointly organized by:

- National Institute of Disaster Management, Ministry of Home Affairs, Govt. of India
- Himachal Pradesh State Disaster Management Authority, Govt. of Himachal Pradesh

Registration Link: training.nidm.gov.in

Platform: CISCO WEBEX
 Event number: 104 499 2022
 Event password: 2021
 Link: <https://rfgp.page.link/KZuZc>

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Mental Health and Self-care during Covid-19

- The team from Doers, led by Ms. Anuradha, the Program Manager, conducted a comprehensive half-day session focused on Mental Health and Self-care during the Covid-19 pandemic. Assisting in various activities was Ms. Madhu Lipsa, the Project Associate. The training session took place on June 4, 2021, and was exclusively conducted for Sashastra Seema Bal (SSB) personnel. The event was organized by the Sashastra Seema Bal at Medics Training Centre, Shimla.



- Ms. Anuradha, the Program Manager of Doers, took charge as the facilitator for a one-hour webinar titled "Psychosocial Care Techniques and Self-Care during the COVID-19 Pandemic." The webinar, organized by the State Health & Family Welfare Training Centre in Parimahal, Shimla, Himachal Pradesh, was exclusively designed for health professionals. It took place on July 20, 2021, with the aim of equipping participants with essential knowledge and practical strategies for providing effective psychosocial care and ensuring their own well-being during the ongoing COVID-19 pandemic.



- Team Doers conducted a session on Mental Health and Self-care during the COVID-19 pandemic specifically tailored for Sashastra Seema Bal (SSB) personnel. The session occurred on October 5, 2021, at the Additional Training Centre of Sashastra Seema Bal (SSB). The session aimed to address the heightened mental health challenges experienced by individuals during the COVID-19 crisis. Recognizing the vital role of SSB personnel as first responders for the majority of the population, prioritizing their good health and well-being becomes of utmost importance. The session aimed to support the personnel in effectively fulfilling their responsibilities during response operations by providing insights and strategies for maintaining mental well-being.



Raising Awareness & Preparedness for Landslides

Mr. Navneet Yadav, the Associate Director of Doers, led a web-based session on "Raising Awareness and Preparedness for Landslides" on September 4, 2021. The session was specifically designed for volunteers from CSOs, FBOs, CBOs, corporations, Red Cross, civil defense, and students affiliated with organizations such as NSS, NSS, and NYKS. The session featured esteemed speakers, including Dr. Prabhas Pande, Former Additional Director General of the Geological Survey of India; Dr. Varun Dutt, Associate Professor at IIT Mandi; Col. Sanjay Srivastava, Chairman of the Climate Resilient Observing Systems Promotion Council; and Mr. Yogesh Singh Sengar, Deputy Commandant of the National Disaster Response Force. The session was organized by Sphere India and received support from esteemed organizations including the World Health Organization (WHO), the United Nations International Children's Emergency Fund (UNICEF), the World Food Programme (WFP), and the HCL Foundation.

COVID-19 ACADEMY Sphere India
 Raising Awareness and Preparedness for Landslides
 Landslide is one of the most disastrous geological event occurring in the mountainous region. Not just localized to any particular area but it has accounted to monetary as well as materialistic losses and is responsible for thousands of deaths and injuries every year throughout the world. Outdated land use policies, growing populations which are in their geographic expansions leads to construction of settlements at unsafe, unstable, steep areas. The mountainous region of Himalayas and Western Ghats in the south, along the steep slopes overlooking Konkan coast & Eastern Ghats of India are vulnerable to different types of landslides that are triggered either by rainfall, earthquake or caused by anthropogenic activities.

Date: 4th September 2021, Saturday | Time: 04:00pm – 06:00pm
Registration link: <https://bit.ly/3DwNrnT> | Meeting ID: 88176876900 | Password: 368358

Speakers:
 Dr. Prabhas Pande, Former Addl. Director General, Geological Survey of India
 Dr. Varun Dutt, Associate Professor, IIT Mandi
 Col. Sanjay Srivastava, Chairman, Climate Resilient Observing Systems Promotion Council
 Mr. Yogesh Singh Sengar, Deputy Commandant, National Disaster Response Force
 Mr. Navneet Yadav, Associate Director, Doers
 Prof. Dr. Anil Gupta, Professor, National Institute of Disaster Management

Moderator: Prof. Dr. Anil Gupta, Professor, National Institute of Disaster Management

Streamed live <http://tiny.cc/Cayububw>

For Whom: Volunteers from CSOs, FBOs, CBDs, Corporations, Red Cross, Civil Defence, NCC, NSS, NRY, student groups and individuals willing to support local level authorities to deliver services to address direct and secondary impact of Lightning
 Website - <http://www.sphereindia.org/>

Supported by: World Health Organization, UNICEF, WFP, World Food Programme, HCL FOUNDATION

Youth and Mental Health and Basics of Psycho-Social Skills

During the period of August 12 to August 14, 2021, our team members, Ms. Anuradha and Ms. Nidhi Kalta, served as facilitators in a three-day online training program titled "Youth and Mental Health and Basics of Psycho-Social Skills." The training program was organized by the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, New Delhi. The program aimed to provide participants with essential knowledge and skills related to youth mental health, as well as the fundamentals of psycho-social skills.

3 days online training programme
Youth and Mental Health
Basic of Psycho - Social Skills
Date: 12 August - 14 August 2021 | Time: 11:00 AM - 01:00 PM
Registration link: bit.ly/YouthandMH

PATRONS:
 Mr. Sanjay Kumar Shrivastava, Director, National Institute of Disaster Management
 Mr. Anil Kumar Shrivastava, Director, NIDM
 Dr. Mahesh C.A., Director, National Institute of Disaster Management

SPEAKERS:
 Anuradha Ghoshal, Programme Manager, Doers
 Nidhi Kalta, Programme Coordinator, Doers
 Suman Aggarwal, CEO & Co-founder, Youth for Resilience
 Dr. Suman Singh, Head, School of Leadership and Management, Doers

CONVENOR:
 Dr. Suman Ghoshal, Associate Professor, National Institute of Disaster Management

COORDINATORS:
 Mr. Anuradha Ghoshal, Senior Facilitator, National Institute of Disaster Management
 Mr. Nishant Bakshi, UNP Professional, Youth for Resilience

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Mental Health and Psychosocial Support

- The dedicated team of Doers, in collaboration with the District Disaster Management Authority (DDMA), Solan, conducted a comprehensive three-day Training Workshop on Mental Health and Psychosocial Support from September 8th to 10th, 2021. The session was inaugurated by Ms. Kritika Kulhari, IAS, Deputy Commissioner of Solan, who also serves as the Chairperson of DDMA Solan. In her opening address, Ms. Kulhari emphasized the significance and necessity of mental health among the participants. The workshop aimed to provide valuable insights and practical strategies to enhance mental well-being and psychosocial support in the face of challenging circumstances.



- The District Disaster Management Authority (DDMA) of Kullu, in collaboration with Doers, demonstrated commendable efforts in organizing a three-day Training Workshop on Mental Health and Psychosocial Support. The workshop took place from September 29th to October 1st, 2021, at Dev Sadan in Kullu. The successful execution of this workshop can be attributed to the unwavering support and dedication of the team members from Doers. Their valuable contributions played a pivotal role in ensuring the workshop's effectiveness and overall success.



- The District Disaster Management Authority (DDMA) of Chamba has undertaken a commendable initiative by organizing a 3-day Mental Health and Psychosocial Support workshop from November 09-11, 2021, held at Bachat Bhawan, Chamba. This workshop aimed to enhance the capacities of various stakeholders involved in disaster management. Team Doers played a pivotal role in facilitating sessions focused on Disaster Risk Reduction. Participants were provided with valuable insights into key concepts such as Hazard, Exposure, Risk, Vulnerability, and Capacity. Through interactive discussions and active participation, the workshop fostered the exchange of knowledge and promoted an understanding of Psychosocial Support during disasters. This initiative contributes to the overall preparedness and resilience of the district, equipping stakeholders with crucial skills to address the mental health and psychosocial needs of affected communities.



- Team Doers plays a significant role in strengthening the capacities of stakeholders by facilitating a comprehensive three-day training course on Mental Health and Psychosocial Support. The training course, organized by the District Disaster Management Authority of Hamirpur, is scheduled to take place from December 07-09, 2021 at Hamir Bhawan. This initiative aims to enhance the knowledge and skills of participants in effectively addressing the mental health and psychosocial needs of individuals and communities during emergencies and disasters. By providing valuable insights, practical tools, and relevant case studies, the training course empowers stakeholders to better respond to and mitigate the adverse impacts of emergencies on mental well-being.



- Serving the society in the area of Mental Health and Psychosocial Support requires huge commitment, enthusiasm and consistency. Team Doers delivered sessions during a five-day training program from March 28 - 01 April 2022. Program was conducted by and at Mahatma Gandhi State Institute of Public Administration, Punjab (MGSIPA) on Psychosocial Care in Disaster Management in collaboration with National Institute of Disaster Management (NIDM), Government of India. Participants for the training program were State level functionaries from line departments including Police, Fire, Health, Revenue, Women and Child Development, Education State Disaster Response Force and other government stakeholders working in the field of disaster management.



Training Program on BLS and Psychosocial care

Ms. Anuradha, the Program Manager, and Ms. Nidhi, the Program Coordinator, from Doers, successfully conducted training sessions on Basic Life Support and Psychosocial support. The training took place on November 11, 2021, at Maple Leaf Hospital, located in the Kangra district of Himachal Pradesh. This collaborative effort was made possible through the joint initiatives of EduCare and Doers, aiming to empower and equip Asha workers and community health workers with essential skills in providing life-saving support and addressing psychosocial needs within the community.



Sensitization Program on Disaster Management for the Elected Representatives of Shimla city

Under the guidance of Mr. Navneet Yadav, the Associate Director of Doers, a Sensitization Program on Disaster Management was conducted for the Elected Representatives of Shimla city. The program took place in the esteemed presence of Shri Suresh Bhardwaj Ji, the Hon'ble Minister of the HP Department of Urban Development, Shimla, Himachal Pradesh. During the program, Mr. Yadav also presented the City Disaster Management Plan (CDMP) and Fire Disaster Management Plan (FDMP) specifically developed by Doers for the Municipal Corporation Shimla. The program aimed to enhance the understanding and awareness of disaster management among the elected representatives, while also highlighting the tailored plans created to mitigate potential risks and enhance the resilience of Shimla city.



Training Program on Fundamentals of Comprehensive School Safety and Impacts of Covid-19: Challenges for the Education Sector and Coping Strategies

- The dedicated team of Doers organized and facilitated a half-day session on the Fundamentals of Comprehensive School Safety and the Impacts of Covid-19. The session specifically focused on addressing the challenges faced by the education sector and provided coping strategies for school principals and teachers. The session took place on September 28th, 2021, at the District Institute of Education & Training in Shamlaghat, Shimla. The objective of the session was to equip educators with essential knowledge and tools to ensure comprehensive safety measures in schools, while also addressing the unique challenges posed by the Covid-19 pandemic.



- Team Doers organized and facilitated a one-day session on the Fundamentals of Comprehensive School Safety and the Impacts of Covid-19. The session specifically addressed the challenges faced by the education sector and provided coping strategies for school teachers and principals. The session took place on October 7, 2021, at the District Institute of Education and Training in Shamlaghat, Shimla (DIET). The objective of the session was to equip educators and school leaders with essential knowledge and tools to ensure comprehensive safety measures in schools, while also addressing the unique challenges posed by the Covid-19 pandemic.



School Safety Training Program under Disaster Management

- Ms. Anuradha, Program Manager and Ms. Nidhi Program Coordinator at Doers facilitated Four Days School Safety Training Program under Disaster Management organized by District Institute of Education and Training Shamlaghat Shimla (DIET) for school Teachers and Principals on December 06-09, 2021. During the training program Psycho Social Care in Disaster Management and COVID-19 situation was discussed and important discussion was done with the participants was how to face challenges in education sector & Effects of LockDown on School going students & Climate Change.



- To spread awareness regarding School Safety: From Planning to Implementation, Team Doers imparted various sessions and acquainted knowledge and skills of participants regarding Child Centric Disaster Risk Reduction, School Disaster Management Plan, Evacuation Plan and Roles and Responsibilities of different teams, Basic life support and Mental Health Psychosocial Support in a five-day training program which was held on March 07-11, 2022 organized by District Disaster Management Authority, Chamba at District Institute of Education and Training Chamba (DIET) for the Principals and Teachers. of the government schools. Mr. Shubham, Project Associate at Doers and Ms. Ankita, project fellow at Doers supported in effective facilitation of the sessions with their active engagement.



Training program on Environmental Health Sensitization and Disaster Management

Mr. Navneet Yadav, the Associate Director of Doers, delivered a session on Environment Health Sensitization and Disaster Management. The session was organized by the esteemed Himachal Pradesh Institute of Public Administration (HIPA), a renowned training institute. The session took place on October 19, 2021, and aimed to raise awareness and enhance understanding of the interplay between environmental health and disaster management. Mr. Yadav's expertise and insights contributed to the overall success and effectiveness of the session, which benefited the participants in their pursuit of comprehensive disaster preparedness and response strategies.

Introduction to Integrated Flood Risk Management

Associate Director of Doers Mr. Navneet Yadav, facilitated web-based session in 3-day International Training Program on Introduction to Integrated Flood Risk Management for Strengthening and Empowering Youth and young professionals on 26-28 October, 2021. Mr. Navneet sensitized about the Understanding Disaster Risk: Hazard, Vulnerability, Exposure and Capacity. This training program is organized by Youth for Resilience and supported by World Wide Fund USA, Women for Water Partnership, Sri Lanka Water Partnership, NetWwater, Doers and RAWs India.

International Training Program on

INTRODUCTION TO INTEGRATED FLOOD RISK MANAGEMENT

Strengthening and Empowering Young People for Flood Risk Management

DATE: OCT. 26-28, 2021 | TIME: 4 PM - 6 PM IST | REGISTER: [BIT.LY/IFRM21](https://bit.ly/IFRM21)

GUEST SPEAKER		FACILITATOR	
 Maj. Gen Manoj Kumar Bindal Executive Director National Institute of Disaster Management, India	 Ms. Anita Van Breda Senior Director, EDM program - WWF USA	 Ms. Kusum Athukorala Chair- NetWwater Sri Lanka	 Dr. Missaka Hettiarachchi Senior Fellow, WWF USA
FACILITATOR		MODERATOR	
 Dr. Sushma Guleria Assistant Professor National Institute of Disaster Management, India	 Mr. Navneet Yadav Associate Director, Doers	 Ms Nivedha Elango Program Manager, Youth for Resilience	 Nitish Barole Youth for Resilience









Training on Evacuation Plan

Ensuring the preparedness of schools to effectively respond to emergency situations is a collective moral obligation. In pursuit of this objective, Team Doers took the initiative to enhance the capacities of teachers and students at the Government Senior Secondary School (Girls) in Portmore, Shimla. The focus of the program, conducted on October 27-28, 2021, was on emergency preparedness and evacuation planning. By imparting valuable knowledge and skills, Team Doers contributed to strengthening the school community's ability to handle unforeseen emergencies in a prompt and efficient manner. This endeavor aligns with the broader commitment to safeguarding the safety and well-being of students and educators, reflecting the shared responsibility towards ensuring a secure learning environment.



Community Resilience & Sustainability: Lessons from Himachal Pradesh to Kerala

Team Doers established a collaborative partnership with the Central University of Kerala and conducted a web-based session on October 30, 2021. During the session, valuable experiences and insights were shared regarding the efforts made in Himachal Pradesh to promote community resilience and sustainability. The session provided an opportunity for students from Kerala to learn from these experiences and gain a deeper understanding of effective strategies for building resilient and sustainable communities. The collaboration between Team Doers and the Central University of Kerala facilitated the exchange of knowledge and promoted the mutual growth and learning of both parties.

CENTRAL UNIVERSITY OF KERALA
EK BHARAT SHRESTHA BHARAT DAY
CELEBRATIONS OF OCTOBER 2021

EXPERT TALK
ON
"COMMUNITY RESILIENCE & SUSTAINABILITY:
LESSONS FROM HIMACHAL PRADESH TO
KERALA"

PROF. H VENKATESHWARLU
HON'BLE VICE-CHANCELLOR
CU KERALA

Sh. NAVNEET YADAV
PROGRAM DIRECTOR
DOERS NGO
HIMACHAL PRADESH

EBSB SECRETARIES:
MS SUNNAPU LEKHANA & MS DIPTI YADAV
FACULTY INCHARGE EBSB DAY: DR. S. ANBAZHAGI

30.10.2021
10:30 AM

Re-constitution of District Inter Agency Group (DIAG)

The District Disaster Management Authority (DDMA) of Chamba has undertaken a commendable initiative by organizing the Re-constitution of the District Inter Agency Group (DIAG) on November 8, 2021. Team Doers played a facilitating role in this reconstitution process, bringing together various stakeholders from both government and non-government organizations. By fostering collaboration and coordination among these entities, the aim is to minimize response delays and ensure effective planning and execution of diverse activities. This unified approach, where government and non-government organizations work towards a common goal, allows for streamlined efforts in addressing and mitigating potential disasters, thereby enhancing the overall resilience and preparedness of the district.

Training Program on Disaster Management

Mr. Navneet Yadav, Program Director at Doers, had the privilege of leading a highly valuable two-day training program on Disaster Management. The training program was organized by the esteemed Himachal Institute of Public Administration and took place on January 27-28, 2022. During the program, Mr. Navneet Yadav engaged participants in insightful discussions about the institutional framework for Disaster Management. The training program provided an excellent platform for participants to enhance their understanding of effective strategies, policies, and practices in managing and mitigating the impacts of disasters.



Capacity Development Program on Coordinated Disaster Preparedness and Response Initiatives

Learning opportunity for District Inter Agency Group (DIAG, Chamba) to be part of the three day training program facilitated by Mr. Navneet Yadav Program Director, Doers on Capacity Development Program on Coordinated Disaster Preparedness and Response Initiatives for representatives of District Inter Agency Group (DIAG, Chamba) on March 3-5, 2022. Program was organized by the District Disaster Management Authority, Chamba at Tribal Bhawan. Some knowledge building was done of DIAGs on Core Humanitarian Standards sessions with gamified learning activities. Ms. Ankita Verma undergoing a fellowship at Doers assisted Team Doers in various activities conducted during the session.

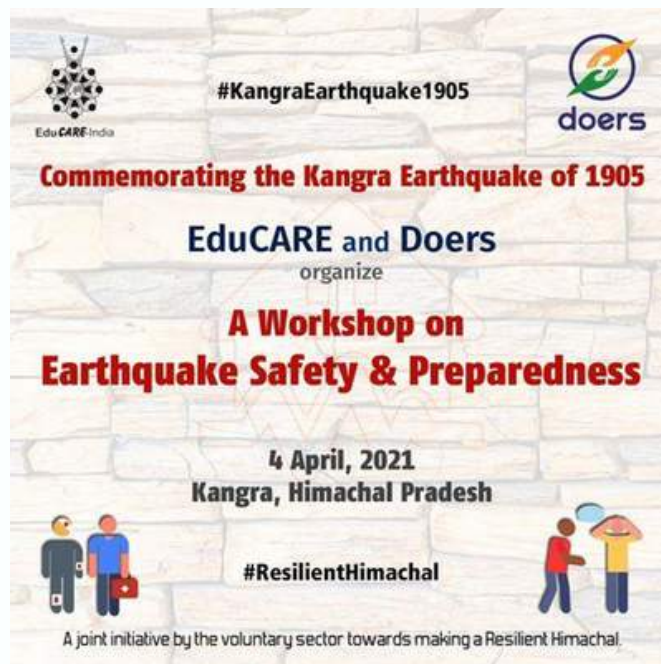


Participated and Organized Thematic Events

Due to the quality work done by our team in the field of disaster management and other issues related to sustainable development, we get invitations to participate in a thematic event organized by renowned agencies and also organized several thematic events.

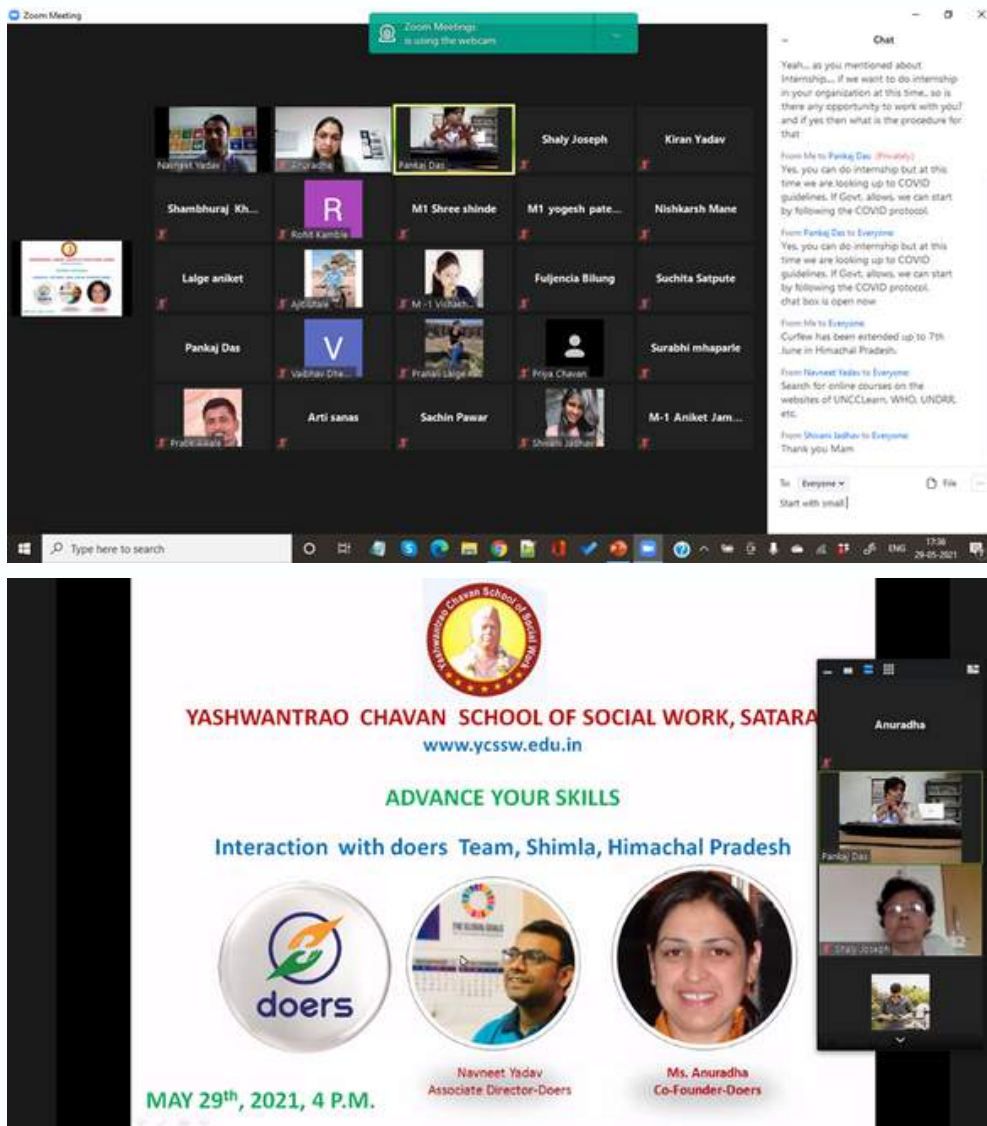
Commemorating the Kangra Earthquake of 1905

On 4th of April 2021, EduCARE India and Doers, in association with the DDMA Kangra, marked the 116th Anniversary of the Kangra Earthquake 1905 by organizing a sensitization event at the Kangra Earthquake Memorial and also conducted a special session on Earthquake Safety and Preparedness in Kangra town, aiming to raise awareness and equip the community with essential knowledge and skills to mitigate the risks associated with earthquakes. The event served as a platform to honor the historical event while promoting resilience and preparedness in the face of seismic hazards.



Orientation Program

Web-based Orientation Program for Professors and Students of Yashwantrao Chavan School of Social Work (YCSSW) by Mr. Navneet Yadav Program Director, Doers and Ms. Anuradha Head of Programs on May 29, 2021. Through this orientation, the attendees had the opportunity to gain valuable insights, establish a strong foundation, and enhance their understanding of the social work domain.



International Youth Day

On August 12, 2021, Doers celebrated International Youth Day at its office, hosting a gathering of young individuals from Loyala College of Social Sciences in Thiruvananthapuram, Kerala, as well as Sharda University in Gautam Buddha Nagar, Uttar Pradesh. Additionally, a fellow who graduated from Berlin Technical University in Berlin, Germany, also participated in the event. The day

was marked by engaging activities designed to foster a culture of learning through active involvement and participation. It provided an opportunity for the young participants to enhance their knowledge, broaden their horizons, and contribute to meaningful discussions and experiences.



Women’s Indian Chamber of Commerce and Industry

Congratulations to WICCI Rural Tourism Council and The Policy Times upon reaching this milestone of creating awareness and facilitating dialogue on multiple themes pertaining to Rural Tourism. The Rural Tourism series was inaugurated on August 16, 2021 with an episode featuring the National President of the council, Ms. Sahana Ahmed, and the Vice President, Ms. Anuradha.

International Volunteer Day

Every year 5th December is observed as International Volunteer Day (IVD). The theme of International Volunteer Day for the year 2021 was “Volunteer for our common future”. Team Doers in collaboration with EduCare, Kangra developed the skills of 41 volunteers (32 women and 9 men) through a half-day session to mark the day, volunteers were anganwadi workers, community workers from district Kangra, and interns from Tata Institute of Social Sciences. In this session they learned IT or technical skills like how they can take and view GPS coordinates of any place, some smart data collection tools like koBo Collect, basic mapping tools like Google Maps and Google Earth and important apps for First Aid were discussed. The session was moderated by Mr. Navneet Yadav, Associate Director, Doers at Maple Leaf Hospital, Kangra. A group of students from Tata Institute of Social Sciences, Tuljapur, pursuing their Bachelors in Social Work volunteered during the activities.



International Mountains Day

Every year since 2003, International Mountain Day has been celebrated on December 11. To acknowledge and commemorate international mountain day 2021, a collaborative and exciting event was coordinated, which consisted of a number of young practitioners and experts in the field. A “Young Practitioners Forum” for Resilience & Sustainability in the Himalayan Region was organized on December 11, 2021, at Maple Leaf Hospital in Kangra district of Himachal Pradesh, through the joint efforts of EduCare, Doers, joined by two educational institutions, Central University of Himachal Pradesh and Government Degree College Shahpur. The chief guest of the program was social worker and environmentalist Mr. Kulbhushan Upamanyu and the audience consisted of about 40 young practitioners from Central University of HP, Degree college of Shahpur, and Tata Institute of Social sciences.



National Safety Day

On the occasion of National Safety Day on March 4, 2022, National Thermal Power Corporation Limited (NTPC) Koldam, Bilaspur, conducted two workshops on 'Disaster Preparedness' for the local community as well as project employees. The main goal of the day was to highlight safety measures and ensure that people are aware of them and follow them in order to avoid workplace accidents. Team Doers facilitated these workshops. N.S. Thakur (Chief General Manager) and Lav Tandon (General Manager) of the NTPC, Koldam, chaired the workshops. Ms. Anuradha, Head of Programs at Doers, facilitated workshops, Mr. Shubham Sharma, a Project Associate at Doers, assisted Ms. Anuradha. The workshops aimed to create a culture of safety, where individuals are well-informed about safety protocols and actively implement them in their work environments.



Rapid Post Disaster Review of the Flash Flood-hit Areas of Kangra

Kangra Flash Floods occurred on 12 July 2021. It was a hyper-localized disaster, yet it affected the lives of several people emotionally, mentally, physically and psychologically. It occurred in several parts of Kangra district after continuous rainfall for about 12 hours. Kangra district of Himachal Pradesh, where Dharamsala is located, recorded actual rainfall of 79.4 millimeters within 12 hours, whereas the normal is 21.2 mm.

The interns from Tata Institute of Social Sciences, Tuljapur, conducted a Rapid Post Disaster Review as their internship assignment in December 2021, wherein they conducted a hazard analysis and vulnerability analysis, developed a risk profile, and interacted with people from the flood-affected areas of Boh Valley, Chaitru, and Bhagsu Naag located in Dharamshala, Kangra, Himachal Pradesh. They assessed the extent of losses and damages, researched on finding out the root causes of flash floods, and also conducted an in-depth analysis of various sectoral impacts of the disaster.



Recognition and Achievements

Women's Indian Chamber of Commerce and Industry (WICCI)

Great accomplishment achieved by Ms. Anuradha, Head of Programs, Doers to be part of Women's Indian Chamber of Commerce and Industry (WICCI). She was elected as vice president of National Rural Tourism Council.



ANURADHA
VICE PRESIDENT
NATIONAL RURAL TOURISM COUNCIL
**WOMEN'S INDIAN CHAMBER OF
COMMERCE AND INDUSTRY (WICCI)**

INDIA'S NATIONAL BUSINESS CHAMBER FOR WOMEN.

WWW.WICCI.IN

WIN DRR LEADERSHIP AWARDS 2021: RISING STAR AWARD-FINALISTS

Ms. Nidhi Kalta Program Coordinator in Doers and she is one of the co-founders of Doers, she became one of the finalists of WIN DRR Leadership Awards 2021 in Rising Stars category. The Women's International Network on Disaster Risk Reduction (WINDRR) is a professional network that supports women working in disaster risk reduction in all their diversity. WIN DRR promotes and supports women's leadership in disaster risk reduction in the Asia Pacific region, and aims to reduce barriers faced by women and empower them to attain leadership and enhance their decision-making in disaster risk reduction. WINDRR is supported by UNDRR and the Government of Australia.



WIN DRR *Leadership Awards*

**Rising Star Award
Finalists**

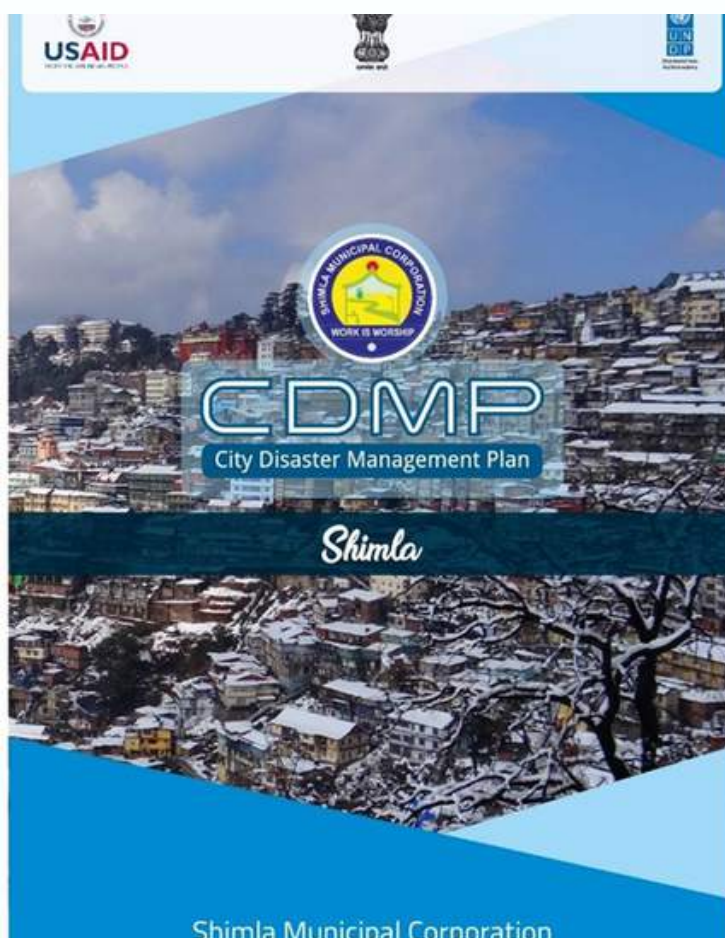


Projects Implemented

We take immense pride in the successful execution of three projects in Shimla City. A comprehensive overhaul of the Shimla City Disaster Management Plan (CDMP) has accomplished a significant milestone. Additionally, we have developed a specialized fire management plan that caters to the distinctive requirements of the town. We are delighted to have presented the final versions of both plans to Shri Ashish Kohli, the esteemed Commissioner of Municipal Corporation Shimla, for official review, consideration, and subsequent implementation. We have also developed the College Disaster Management Plan for the Centre of Excellence, Government Degree College, Sanjauli.

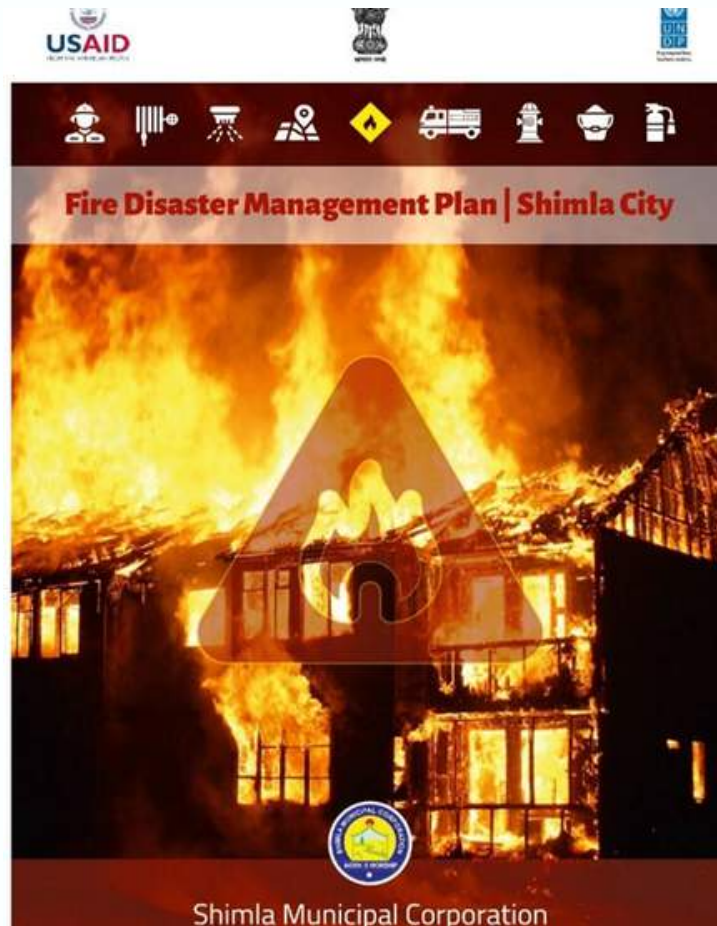
City Disaster Management Plan

With the support of UNDP India, the Municipal Corporation Shimla initiated the overhauling of the CDMP which has been carried out by Doers- an experienced organization in the field of Disaster Risk Management. This assignment was undertaken under the USAID-Gol-UNDP project titled 'Enhancing Institutional and Community Resilience to Disasters and Climate Change implemented at Shimla city.



Fire Disaster Management Plan

Under the USAID-GoI-UNDP project titled 'Enhancing Institutional and Community Resilience to Disasters and Climate Change', the Municipal Corporation Shimla has formulated the Fire Disaster Management Plan (FDMP) for the city. Being a consulting agency, Doers helped in mapping all the fire hydrants in the city and guiding them towards the specific requirements for an inclusive Fire Disaster Management Plan at the City level.

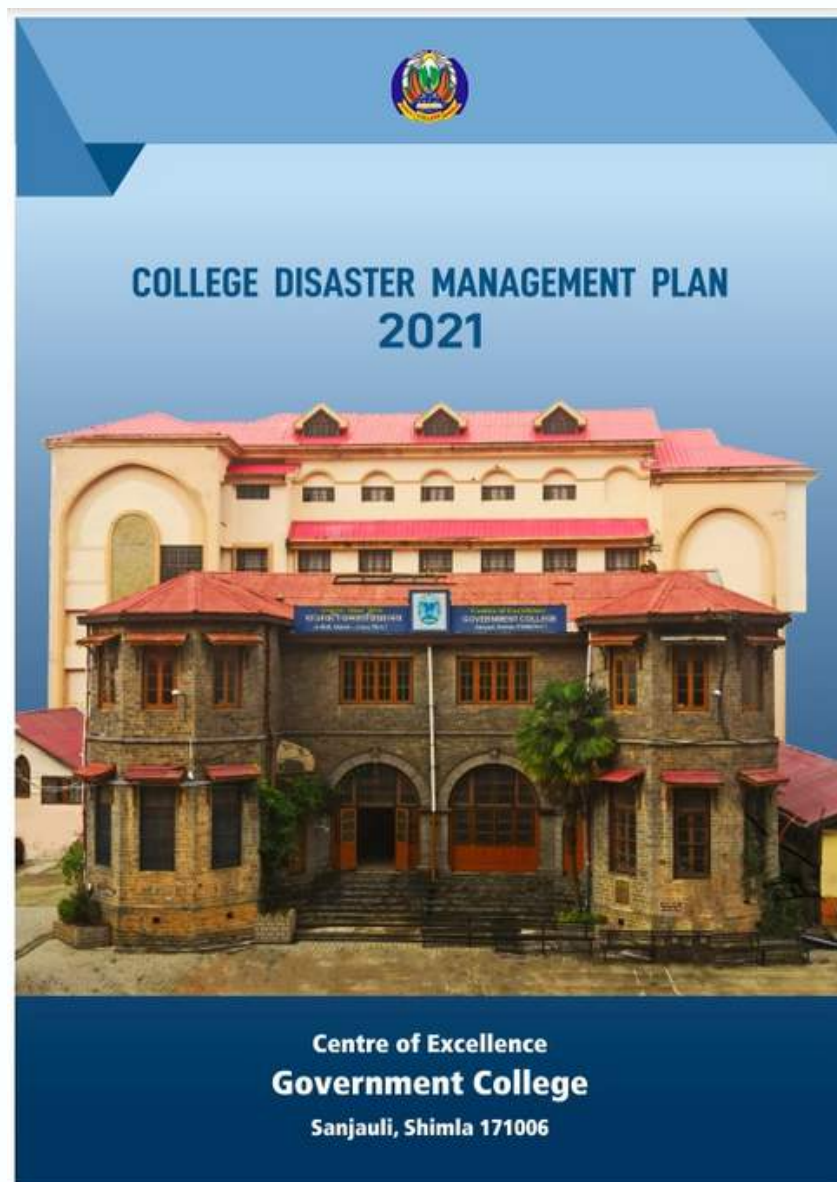


College Disaster Management Plan

Doers developed the first-ever Disaster Management Plan for the Centre of Excellence, Government Degree College, Sanjauli. As the college is located in Shimla: one of the most vulnerable cities in India, there is a considerable need to have a disaster management plan at the college level.

The imposing structure of the central building has been declared a “heritage building” by the Archeological Survey of India and is reminiscent of Shimla’s colonial glory. Hence, there is a need to preserve and safeguard the cultural testimony of Shimla, Himachal Pradesh.

Considering the current and future impacts of climate change, which often manifest in the form of extreme weather events, planning for disaster preparedness and response becomes an essential part of college administration and management. The Plan provides for a coordinated response and a clear line of command during disasters.



Internal Capacity Building

As an organization committed to serve the nation in the field of disaster resilience and sustainable development, Doers believes in continuous learning and development of our knowledge and skills through attending different training programs organized by renowned institutions. Following is the summary of the training courses attended by Team Doers in the year 2020-21.

Build back better: Harnessing South-South cooperation and risk reduction planning for resilient and healthy cities in the post COVID-19 era

Our team member, Ms. Anuradha, participated in a three-week web-based training program conducted by the United Nations Office for South-South Cooperation (UNOSSC), the United Nations Office for Disaster Risk Reduction (UNDRR), and the World Health Organization (WHO) from June 8 to 29, 2021. The program aimed to explore the concept of "Build Back Better" and its application in fostering resilient and healthy cities in the post-COVID-19 era, focusing on harnessing South-South cooperation and risk reduction planning.



IPROMO 2021 Summer School (Post-COVID-19 Recovery in Mountain Areas)

Our program manager, Ms. Anuradha, recently participated in a ten-day web-based Summer School on Post-COVID-19 Recovery in Mountain Areas, organized by the Mountain Partnership and the University of Turin, Italy. The Summer School, titled IPROMO 2021, took place from July 6 to 19, 2021. Its primary objective was to explore strategies and initiatives for the recovery and revitalization of mountainous regions in the aftermath of the COVID-19 pandemic.

revitalization of mountainous regions in the aftermath of the COVID-19 pandemic.



Schedule Tribes & OTFD (Recognition of Forest Rights) Act, 2006

Our team member, Ms. Madhu Lipsa, recently participated in a three-day training program on the Schedule Tribes & OTFD (Recognition of Forest Rights) Act, 2006. The training program was organized by the Himachal Pradesh Institute of Public Administration at Fairlawns, Shimla, and took place from December 1 to 3, 2021. The objective of the program was to enhance participants' understanding and knowledge of the legal provisions and implementation mechanisms outlined in the Schedule Tribes & OTFD Act, 2006.



Rapid Capacity enhancement for risk reduction during active COVID-19 Response

In order to strengthen their capabilities in risk reduction during active COVID-19 response, team members of Doers, Ms. Anuradha and Ms. Nidhi, recently participated in a three-day web-based training program. The training, titled "Rapid Capacity Enhancement for Risk Reduction during Active COVID-19 Response," was organized by the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, and the Centers for Disease Control and Prevention (CDC), New Delhi. The program took place from January 19 to 21, 2022. Distinguished professionals from various fields shared their expertise to enhance participants' knowledge and skills, with a focus on sensitizing, institutionalizing, and promoting the exchange of information, knowledge, and innovation in the realm of public health emergency preparedness and response capabilities.

The poster features logos for the 75th anniversary of India's independence, the Government of India, NIDM, and the CDC. The title is prominently displayed in the center, with the dates '19 - 21 January 2022 | 11:00 AM - 01:00 PM' below it. The poster lists several key personnel:

- PATRONS:** Maj. Gen. M K Bindal (Executive Director, NDM, MHA, Govt), Dr. Meghna Desai (Country Director, CDC-India).
- COURSE CHAIRS:** Prof. Surya Parkash (Head, GMRO, NDM, MHA, Govt), Dr. Rajeev Sharma (PHS and Lead, Emergency Management, CDC-India).
- Distinguished Speakers:** Dr. Shiv Lal (Advisor, EM, VHS-CDC and Former Sp. Secy SHM & Director, NCCD and NVSDCR, Govt. of India), Dr. A C Dharwal (Advisor, EM, VHS-CDC & Former Director, NCCD & NVSDCR, Govt. of India), Dr. Priyanka Sharma (Associate Professor, Psychiatry, Dept. of Psychiatry, Gujarat Medical College, Gujarat, MH), Dr. Jugal Kishore (Prof and Head, Dept of Community Medicine, VMMC, Safdarjung Hospital, Delhi), Dr. Daniel Vanderende (Medical officer, International Infection Control Program, Division of Healthcare Quality Promotion, CDC-INDIA), Mr. Anil Kathait (Junior Consultant, NDM, MHA, Govt).
- COORDINATORS:** Dr. Harjeet Kaur (Junior Consultant, NDM, MHA, Govt), Dr. Raju Thapa (Technical Officer, EM, VHS-CDC, India).

The poster also states it is organized by the National Institute of Disaster Management (Ministry of Home Affairs, Govt. of India) in collaboration with the U.S. Centers for Disease Control and Prevention (CDC), Country Office, India. A registration link is provided: <https://training.nidm.gov.in/>. YouTube links for each day of the training are also listed.

Post Disaster Needs Assessment PDNA and Long Term Recovery

Our team members, Ms. Madhu Lipsa and Mr. Shubham Sharma, participated in a comprehensive three-day web-based training program on Post Disaster Needs Assessment (PDNA) and Long-Term Recovery. The program, organized by the Mahatma Gandhi State Institute of Public Administration, Punjab (MGSIPA) in collaboration with the National Institute of Disaster Management, Ministry of Home Affairs, Government of India, New Delhi, aimed to provide in-depth knowledge and skills in the crucial process of assessing the immediate and long-term needs of individuals, families, and communities affected by a disaster. The primary objective of the training was to gather vital information regarding the extent of the damage caused by the disaster, the number of individuals impacted, and their specific requirements. The training sessions were held from January 19th to 21st, 2022.

Patrons

- Mrs. Jaspreet Talwar, IAS
Principal Secretary, Punjab
curr Director General, MGSIPA
- Maj. Gen. M. K Bindal, VSM
Executive Director
NIDM
- Dr. Ravindra Kumar Srivastava, IAS
Former Joint Secretary
Disaster Management, GOI

Inaugural Address

Convenors

- Prof. Santosh Kumar
Head, G-DNR and DNR
NIDM
- Col. Dalbir Singh
CA (Training)
MGSIPA

Speakers

- Mr. N M Prusty
President, Board Chair
Monitor Director, HAI,
Vision Spring & CDCAWSS
- Dr. Ajinder Walla
Assistant Professor
NIDM
- Dr. Amreet Randhawa
NRBS, IIT
- Mr. Praveen Kumar Amar
DM Consultant

Coordinators

- Mr. Halder Ali
Junior Consultant, NIDM
- Ms Nitika Singla
DR Professional, MGSIPA

3 Day Online Training Programme on
Post Disaster Needs Assessment (PDNA) & Long Term Recovery
 19 - 21 January 2022
 11:00 am - 01 :00 pm

Jointly Organized by
 National Institute of Disaster Management, Ministry of Home Affairs, Government of India
 Mahatma Gandhi State Institute of Public Administration, Government of Punjab

YouTube Live Streaming Links

- Day 1: <https://youtu.be/81b3KoaRctc>
- Day 2: <https://youtu.be/07epDThbYts>
- Day 3: <https://youtu.be/oKpV953Dr-Q>

Registration Link: <https://training.nidm.gov.in/> Website: www.nidm.gov.in

Stay Protected from Corona

- Wear your Mask Properly
- Follow Proper Hand Hygiene
- Maintain Social Distancing
- Get Vaccinated

Collaborations and Partnerships

Asian Institute of Management, Philippines

We are pleased to announce that Team Doers has established a valuable partnership with the Asian Institute of Management, Philippines, for the implementation of a cross-sectoral immersion program. This program provided an opportunity for three outstanding students, namely Ms. Kessica Bersamin, Mr. Ramon Tagle, and Mr. Jan Jansalin, who were enrolled in the Executive Master in Disaster Risk and Crisis Management at the Asian Institute of Management, to intern with Doers for a period of five months in 2021.

During their internship, these individuals demonstrated exceptional dedication, knowledge, and skills in the field of disaster risk and crisis management. Their contributions greatly enriched our projects and initiatives, allowing us to gain valuable insights and enhance our capacity to address complex challenges. We are privileged to have had the opportunity to work alongside these talented students and witness their remarkable capabilities in action.

The collaboration between Doers and the Asian Institute of Management exemplifies our commitment to fostering partnerships with esteemed educational institutions. By providing practical learning experiences and industry exposure, we aim to contribute to the professional development of future leaders in disaster risk and crisis management.

ASIAN INSTITUTE OF MANAGEMENT

doers

EMDRCM Cohort-2 Students Cross-sectoral Immersion with Doers

KESSICA Bersamin, Kessica L.	JAN Jansalin, Jan Jacob Glenn M.	MON Tagle, Ramon Ernesto G.
Project Manager Plan International	Co-Founder Limitless Lab, Inc.	Chairman and President VTA Realty Corporation
BA Public Administration University of the Philippines Diliman	MS Development Management & Governance University of the Philippines Los Banos	BS Commerce, Major in Business Administration University of Santo Tomas
30 y/o 4.3 years work exp.	34 y/o 13 years work exp.	58 y/o 25 years work exp.

Zoom Meeting Screenshot: A grid of 12 video thumbnails showing participants in a virtual meeting. The top row includes Kessica Bersamin, Jan Jansalin, and Mon Tagle. Other participants are visible in the remaining thumbnails.

In the year 2020, Team Doers acted in solidarity with International and National Institutions, Disaster Management Authorities, Training Institutions & NGOs in Himachal Pradesh

Throughout 2020, Team Doers remained actively involved in a range of meaningful endeavors, including conducting on-site training sessions, facilitating online workshops, and collaborating on joint research projects. We extend our sincere gratitude to the numerous organizations, institutions, and individuals with whom we had the privilege of partnering. It was an honor for us to provide support in various capacities and contribute to the shared goals and objectives of our valued collaborators during the past year.



Interns who joined Doers family during 2020–2021

Despite the widespread challenges faced by most people in 2020, team Doers took a commendable approach by wholeheartedly embracing the importance of sharing knowledge, skills, and experiences. This commitment was particularly noteworthy during a time of crisis. Our team worked hard to provide valuable insights to an exceptional group of volunteers, interns, and fellows, who showed remarkable enthusiasm and dedication to their roles.

EMBRACING EXCELLENCE: PREMIER INSTITUTION INTERNS JOIN THE DOERS FAMILY

April 2021 to March 2022

 <p>TATA INSTITUTE OF SOCIAL SCIENCES</p> <p>Four MSW students from Tata institute of social science TISS Mumbai and twelve BSW Students from TISS Tujapur Maharashtra, successfully completed a one-month internship.</p>	 <p>SVKM'S NMIMS Deemed to be UNIVERSITY</p> <p>NMIMS MUMBAI</p> <p>One BA LLB student from Shri Vile Parle Kelavani Mandals Narsee Monjee Institute of Management Studies, Mumbai, successfully completed a one-month internship</p>	 <p>CENTRAL UNIVERSITY TAMIL NADU</p> <p>Three Masters of Social Work (MSW) students from Central University Tamil Nadu, successfully completed a one-month internship.</p>
 <p>UNIVERSITY OF KERALA KARIAVATTOM CAMPUS</p> <p>Three Masters of Social Work (MSW) students from University Of Kerala kariavattom Campus, successfully completed a one-month internship.</p>	 <p>SREE SANKARACHARYA UNIVERSITY OF SANSKRIT</p> <p>Six Masters of Social Work (MSW) students from Sree sankaracharya University of Sanskrit regional campus Payyannur, Kerala, successfully completed a one-month internship.</p>	 <p>Sree Sankaracharya University of Sanskrit</p>
 <p>PONDICHERRY CENTRAL UNIVERSITY</p> <p>Five Masters of Social Work (MSW) students from Pondicherry University, Puducherry, successfully completed a one-month internship.</p>	 <p>RAJAGIRI COLLEGE OF SOCIAL SCIENCES</p> <p>Five Bachelor's of Social Work (BSW) students from Rajagiri College of Social Sciences, Kerala, successfully completed a one-month internship.</p>	 <p>PG GIRLS COLLEGE CHANDIGARH SECTOR-11</p> <p>One BA Hons Economics student from Post Graduate Government College for Girls (PGGGC 11), Chandigarh, successfully completed a one-month internship.</p>
 <p>SHARDA UNIVERSITY</p> <p>Two BA LLB students from Sharda University Greater Noida, Uttar Pradesh, successfully completed a one-month internship.</p>	 <p>LOYOLA COLLEGE OF SOCIAL SCIENCES Affiliated to University of Kerala</p> <p>LOYOLA COLLEGE OF SOCIAL SCIENCES</p> <p>Three Masters of Social Work (MSW) students from Loyola College of social sciences, Kerala, successfully completed a one-month internship.</p>	 <p>LOYOLA COLLEGE OF SOCIAL SCIENCES</p>

Information Education and Communication (IEC) material prepared by Team Doers to create awareness and disseminate information on social media related to important Days and Events celebrated in the year 2020.

#WorldHealthDay

Happy World Health Day! It is impossible to create disaster-resilient communities without investing in good health and wellbeing, which is also the #SDG3. Always remember, resilience and good health are mutually dependent.

#WorldHealthDay

#HealthEquity #HealthForAll



#WorldHealthDay

Team Doers wishes you all a Happy World Earth Day!



कोविड-19 महामारी से बचने की इस साझा जिम्मेदारी में सबसे ज़रूरी है कि हम बाहर सार्वजनिक स्थानों के साथ-साथ घरों-कार्यालयों के अन्दर भी इन अति आवश्यक बातों का ध्यान रखें।

#COVID19 #ResilientHimachal

#DoersDoThis

#PreventionSavesLives

#DoersAtWork

"यार ये लगातार मास्क पहने-पहने भी दम घुटने लगता है", "अरे बातचीत करने का मजा तो तब ही है जब चेहरे दिखते रहें", "भाई कोरोना के डर से क्या मिलना-जुलना, मौज मस्ती छोड़ देंगे" "अरे, ये कोरोना वगैरह कोई साजिश है हमें डराए रखने की" और न जाने क्या-क्या...

जो लोग कोविड-19 के शिकार बने हैं, बहुत सम्भव है कि उनमें से अधिकतर ने ऐसी ही लापरवाही दिखाई होगी। परिणाम अब हम सभी देख रहे हैं। ध्यान रखें, सही जन-व्यवहार, सुरक्षा और संयम के साथ ही कोरोना वायरस से यह लड़ाई जीती जा सकती है।

**#COVID19 #ResilientHimachal
#DoersAtWork #DoersDoThis**



महामारी चरम पर थी...

कुछ लोग अनुशासित रहते-रहते थक गए थे।



आपके जीवन से अधिक मूल्यवान और कुछ नहीं है। अपने व अपने अपनों के स्वास्थ्य की रक्षा के लिए संयम रखें और लापरवाही न करें।

8091030405 f t i @DoersNGO



महामारी चरम पर थी...

कुछ लोग किसी परिचित की शादी में गए थे।



आपके जीवन से अधिक मूल्यवान और कुछ नहीं है। अपने व अपने अपनों के स्वास्थ्य की रक्षा के लिए संयम रखें और लापरवाही न करें।

8091030405 f t i @DoersNGO

"अरे इस कोरोना के चक्कर में रिश्तेदारों को नाराज़ थोड़े ही कर सकते",

"अपने भांजे की शादी में ना जाएं, ऐसा तो हो ही नहीं सकता",

"50 लोगों की परमीशन तो सरकार ने दी हुई है, अब तो मस्त होके डीजे पर नाचेंगे",

"एक साल से ज्यादा हो गया, एक भी शादी अटेंड नहीं की मैंने, पर अब बहुत हो गया" और न जाने क्या-क्या...

सम्भव है कोविड-19 से ग्रसित होने वाले

बहुत से लोगों ने ऐसी ही कोई बात सोच कर ऐसे अत्यधिक जोखिम वाले समय में

भी कहीं किसी शादी में जाने का फैसला किया होगा। ध्यान रखें, सही जन-व्यवहार,

सुरक्षा और संयम के साथ ही कोरोना वायरस से यह लड़ाई जीती जा सकती है।

🙏

#COVID19 #ResilientHimachal

#DoersAtWork #DoersDoThis

आओ खुद से करें ये वादा



SURVIVE

REVIVE

THRIVE

पहले
हमें खुद
बचना है।

फिर
सब ठीक
करना है।

और
फिर आगे
बढ़ना है।

8091030405 f t i @DoersNGO

हालात हमेशा एक से नहीं रहते। बेशक ये वक़्त बहुत मुश्किल है, लेकिन हौंसला रखते हुए खुद की हिफ़ाज़त करना, बुरे वक़्त से उबरने की तैयारी करना और फिर मिल-जुल कर आगे बढ़ना सबसे ज़्यादा ज़रूरी है।

#COVID19 #MentalHealth

#MentalHealthMatters

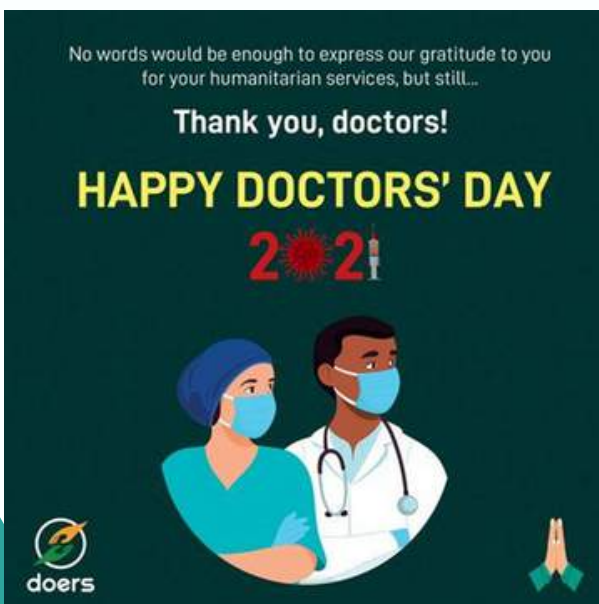
#ResilientHimachal

#SurviveReviveThrive #DoersDoThis

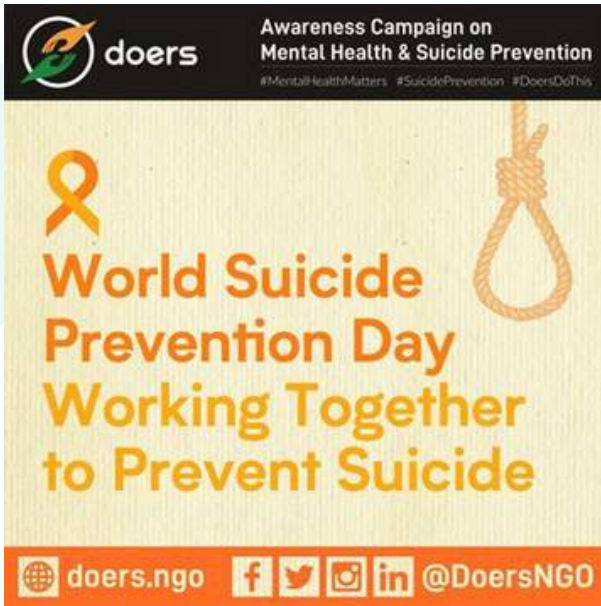
#DoersAtWork

#WorldNoTobaccoDay2021

Tobacco consumption increases the risk to your health. Make a wise choice and stop consuming tobacco.



#DearDoctors, please accept our deepest gratitude for saving more than just lives. Team Doers thanks you for being the heroes the world always needs.



10 September 2021 **#COVID19** has aggravated the Mental Health of communities in **#Himachal** and rising number of suicides is a scary indicator of this. To create **#MentalHealthAwareness** in the state, we are launching a month-long campaign on **#MentalHealth** & **#SuicidePrevention**. Do join us! **#DoersDoThis**



Paying attention to the warning signs of distress is one of the ways to prevent suicides. Don't ignore such signs.

कष्ट से जुड़े चेतावनी संकेतों पर ध्यान देना आत्महत्या रोकने के उपायों में से एक है। ऐसे संकेतों की उपेक्षा न करें।

**#BeTheLight #SuicidePrevention #MentalHealthMatters
#ResilientHimachal #DoersDoThis #DoersAtWork**

doers मानसिक स्वास्थ्य एवं आत्महत्या नोक्याम पर जागरूकता अभियान
#MentalHealthMatters #SuicidePrevention #DoersDoThis

चेतावनी संकेतों पर ध्यान देकर किसी को आत्महत्या करने से रोका जा सकता है।

मैं किसी काम का नहीं हूँ
मैं कुछ नहीं कर सकता
मेरे जीने की कोई वजह ही नहीं है

हताश होने और खुद को दोष देने वाली बातें करना

doers.ngo f t i @DoersNGO

doers Awareness Campaign on Mental Health & Suicide Prevention
#MentalHealthMatters #SuicidePrevention #DoersDoThis

WE CAN PREVENT A SUICIDE BY NOTICING THE WARNING SIGNS

I am completely useless
I cannot do anything
My life has no purpose...

TALKING ABOUT SELF-BLAMING AND HOPELESSNESS

doers.ngo f t i @DoersNGO

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#MentalHealthMatters #SuicidePrevention #DoersDoThis

WE CAN PREVENT A SUICIDE BY NOTICING THE WARNING SIGNS

EXCESSIVE INTAKE OF ALCOHOL OR DRUGS

doers.ngo f t i @DoersNGO

doers मानसिक स्वास्थ्य एवं आत्महत्या नोक्याम पर जागरूकता अभियान
#MentalHealthMatters #SuicidePrevention #DoersDoThis

चेतावनी संकेतों पर ध्यान देकर किसी को आत्महत्या करने से रोका जा सकता है।

अत्यधिक मात्रा में शराब या ड्रग्स का सेवन करना

doers.ngo f t i @DoersNGO

doers मानसिक स्वास्थ्य एवं आत्महत्या नोक्याम पन जागरूकता अभियान
#MentalHealthMatters #SuicidePrevention #DoersDoThis

चेतावनी संकेतों पर ध्यान देकर किसी को आत्महत्या करने से रोका जा सकता है।

अनचाही परिस्थियों में फँसे हुए होने की भावनाएँ व्यक्त करना

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doers Awareness Campaign on Mental Health & Suicide Prevention
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WE CAN PREVENT A SUICIDE BY NOTICING THE WARNING SIGNS

TALKING ABOUT FEELING TRAPPED IN A SITUATION

doers.ngo f t i @DoersNGO

Paying attention to the warning signs of distress is one of the ways to prevent suicides. Don't ignore such signs.

कष्ट से जुड़े चेतावनी संकेतों पर ध्यान देना आत्महत्या रोकने के उपायों में से एक है। ऐसे संकेतों की उपेक्षा न करें।

**#BeTheLight #SuicidePrevention #MentalHealthMatters
#ResilientHimachal #DoersDoThis #DoersAtWork**

doers मानसिक स्वास्थ्य एवं आत्महत्या नोक्याम पन जागरूकता अभियान
#MentalHealthMatters #SuicidePrevention #DoersDoThis

चेतावनी संकेतों पर ध्यान देकर किसी को आत्महत्या करने से रोका जा सकता है।

असामान्य रूप से बहुत अधिक या बहुत कम समय तक सोना

doers.ngo f t i @DoersNGO

doers Awareness Campaign on Mental Health & Suicide Prevention
#MentalHealthMatters #SuicidePrevention #DoersDoThis

WE CAN PREVENT A SUICIDE BY NOTICING THE WARNING SIGNS

SLEEPING ABNORMALLY TOO MUCH OR TOO LITTLE

doers.ngo f t i @DoersNGO



#ClimateChange impacts are set to intensify and to affect more countries and more people more frequently; we must understand better the risks they pose to peace. There can be no **#SustainableDevelopment** without peace and no peace without sustainable development.

#PeaceOnEarth

#InternationalDayofPeace

Today is the International Day of Older Persons **#IDOP**. Don't forget that a phone call, video message or a social media conversation can mentally support elderly or isolated during **#COVID19**. Stay socially connected even when you are practicing physical distancing.

#MentalHealth

#MentalHealthMonth

#MentalHealthMatters

#DoersDoThis



आज अंतर्राष्ट्रीय वृद्धजन दिवस है। ये मत भूलें कि **#COVID19** के दौरान आपका एक फोन कॉल, वीडियो संदेश या सोशल मीडियाके ज़रिए किया गया जुड़ाव अकेले रह रहे वृद्धजनों को मनोसामाजिक सहयोग प्रदानकर सकता है। शारीरिक दूरी का पालन करें, परन्तु सामाजिक जुड़ाव बनाएं रखें!

#MentalHealth

#MentalHealthMonth

#MentalHealthMatters

#DoersDoThis



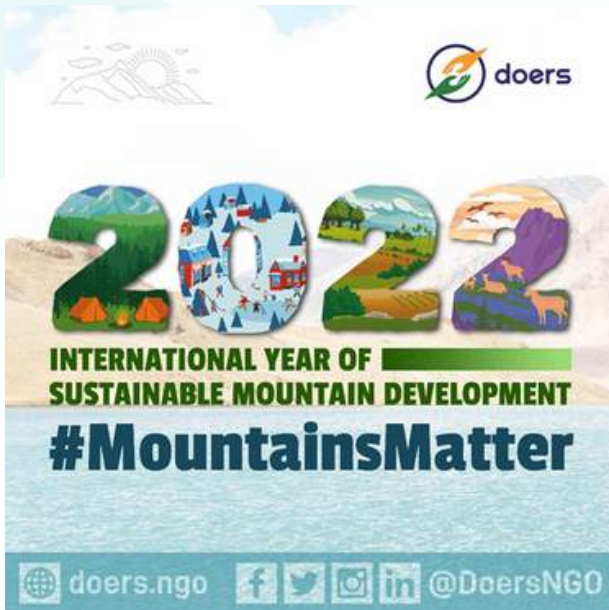


#WorldMentalHealthDay

Never forget that **#MentalHealth** is as much important as physical health and needs awareness+action to ensure mental wellbeing for everyone. **#MentalHealthMatters** to ensure **#ResilienceforAll**.



#WorldCancerDay #CloseTheCareGap



Did you know, 2022 is the International Year of Sustainable Mountain Development. Home to 12% of the world's population, mountains are highly vulnerable to the impacts of Climate Change with serious implications for human health, safety and security. Let's act together for the sustainable and risk-informed development in the Himalayan region of India.

As a proud member of the Mountain Partnership, Doers is committed to build resilience in the region through our programs related to disaster risk reduction and climate change adaptation.

#MountainsMatter #Act4Himalaya #ResilientHimachal

NGOs are recognised as key third-sector actors within the landscapes of development, human rights, humanitarian action, gender equality, the environment, and many other areas of public action. On this **#WorldNGODay**, let's celebrate the inspiring work done by the NGOs globally.



Press Releases

Umang Foundation extended an invitation to Mr. Navneet Yadav, the Program Director of Doers, to serve as the facilitator for a webinar on Disaster Risk Reduction. A total of 60 participants actively engaged in this webinar, representing Himachal Pradesh as well as various other states in India.

उमंग के वेबिनार में कल आपदा प्रबंधन पर मिलेगा ज्ञान

स्टाफ रिपोर्टर-शिमला

उमंग फाउंडेशन के इस बार रविवार को आयोजित होने वाले वेबिनार में आपदा पर ज्ञान का अलख जगाया जाएगा। आपदा प्रबंधन के जाने-माने विशेषज्ञ और संयुक्त राष्ट्र विकास कार्यक्रम के लिए कार्य कर चुके नवनीत यादव उमंग फाउंडेशन के वेबिनार में आपदा जोखिम से बचाव का अधिकार विषय पर 13 फरवरी को युवाओं के साथ चर्चा करेंगे। कार्यक्रम संयोजक संजीव शर्मा ने बताया कि आजादी के अमृत महोत्सव के उपलक्ष्य में मानवाधिकार जागरूकता पर संस्था का यह 22वां साप्ताहिक कार्यक्रम होगा। गूगल मैप पर 13 फरवरी को शाम सात बजे लिंक के माध्यम से कार्यक्रम में शामिल हुआ जा सकता है। उमंग फाउंडेशन शिमला



के फेसबुक पेज पर भी लाइव उपलब्ध रहेगा। उन्होंने कहा कि आपदा जोखिम से बचाव को लेकर समाज में जागरूकता की कमी है। विशेषकर दिव्यांग व्यक्तियों को भीषण आपदा के समय कैसे सुरक्षित निकाला जाए। आपदा जोखिम से बचाव का अधिकार विषय पर आपदा जोखिम प्रबंधन से जुड़े संगठन डूअर्स के कार्यक्रम निदेशक और जापान, थाईलैंड, सेनेगल एवं नेपाल में अंतरराष्ट्रीय पाठ्यक्रमों में हिस्सा ले चुके नवनीत यादव का व्याख्यान सभी वर्गों के लिए उपयोगी होगा।

दिव्यांगों के लिए भी आपदा से बचाव के प्रबंध जरूरी : नवनीत

जागरण संवाददाता, शिमला : आपदा जोखिम प्रबंधन विशेषज्ञ नवनीत यादव ने कहा कि आपदा से बचाव की नीतियां दिव्यांगों, बुजुर्गों व बच्चों को ध्यान में रख कर बनाई जानी चाहिए। अधिक जोखिम वाले वर्गों को जागरूक करने की जरूरत है। वह आपदा जोखिम से बचाव का अधिकार विषय पर उमंग फाउंडेशन के वेबिनार में बतौर विशेषज्ञ वक्ता बोल रहे थे।

कार्यक्रम संयोजक संजीव शर्मा ने बताया कि आजादी के अमृत महोत्सव के उपलक्ष्य में उमंग फाउंडेशन द्वारा मानवाधिकार संरक्षण पर 22वां कार्यक्रम था। इसमें हिमाचल के अलावा कई अन्य राज्यों के लगभग 60 युवाओं ने हिस्सा लिया। नवनीत यादव ने कहा कि आपदाओं के जोखिम से बचाव का अधिकार वास्तव में मानवाधिकार है,

लेकिन इस बारे में देश और हिमाचल प्रदेश में जागरूकता की काफी कमी है। बाढ़, भूकंप या अन्य व्यापक जोखिम वाले संकट तब आपदा में परिवर्तित हो कर नुकसान पहुंचाते हैं जब मनुष्य उनसे बचाव के लिए पहले से तैयार नहीं होता है। समूचा हिमालय क्षेत्र भूकंप के लिए अत्यंत संवेदनशील है। यह जोखिम आपदा को बढ़ा न्योता दे रहा है क्योंकि शैक्षणिक संस्थान, अस्पताल और अन्य सरकारी एवं निजी भवनों में जोखिम को कम से कम करने की व्यवस्था नहीं है। उन्होंने जापान का उदाहरण देते हुए बताया कि वहां रिक्टर स्केल पर नौ तीव्रता वाले भूकंप से भी जानमाल का कोई नुकसान नहीं होता। जबकि कुछ वर्ष पूर्व नेपाल में सात तीव्रता वाले भूकंप ने हजारों लोगों की जान ले ली थी। सभी भवन भूकंप रोधी होने चाहिए।



doers

**a humanitarian organization working towards resilience
and sustainability in the Himalayan region of India**